



Harmonic Light Energy Systems
Operations Guide

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LumiCeuticals Light Energy Systems:

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Indication for use: The LumiVibe Go2, LumiVibe Flex3, LumiVibe Grow6, LumiVibe Pro6 and LumiVibe Pro10 are intended for the relaxation of muscles and relief of muscle spasms; temporary relief of minor muscle and joint aches, pains and stiffness; temporary relief of minor pain and stiffness associated with arthritis; and to temporarily increase local blood flow.

LumiCeuticals makes no claims, representations or warranties regarding the ability of its products to cure, mitigate, prevent, repair or heal any disease. Any information given in this guide should not be considered as a treatment, mitigation, fix, cure or repair for any disease, nor is it to be used as a replacement for qualified medical advice. A qualified medical professional should be consulted with regard to any condition requiring medical attention. This guide is for educational purposes only. By opening the pages of this owner's guide and/or using the information within, you agree to these terms and conditions.

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Chapter 1 Welcome to LumiCeuticals

Welcome to our LumiCeuticals Light Owner Community. We are so excited to have you join us. We see such a wonderful future for harmonic light as the ultimate self-healing tool. We are thrilled to be Lighting The Way....

Lighting the Way for pain-free living with FDA Clearance for Pain Relief and Injury Recovery

Lighting the Way for your power to recover and thrive.

Lighting the Way for your family, pets and community to shine with health and vitality

Lighting the Way for optimum performance and recovery

Lighting the Way for peace and harmony in mind, body and spirit.

Lighting the Way for your inner radiance to shine.

Lighting the Way for a bright financial future for all.

We invite you to use and share your LumiCeuticals light energy system every day.

1. The LumiCeuticals Advantage:

- Our systems are all made in an FDA and ISO-9000 approved zero waste medical manufacturing facility and your whole system is backed by a three year full warranty and service in the USA.
- Our systems have a minimum of 500 medical grade invisium diodes in specific wavelengths of red, infrared and blue light that are well researched for safety and efficacy.
- Our systems combine light and vibrational energy by offering the important added benefit of pulsing the light at 20 highly accurate standard frequencies and a possible 9999 custom frequency options for a profound full body light energy experience that is simple to use and program and unique in the marketplace.
- Each controller has an automatic timer and contains EMF reduction chips for your health and safety.
- **In addition to factory-set frequencies, our Professional System can be user programmed with up to 9999 individual frequencies or 88 sweeps of your choice. This proprietary feature sets us apart from any other light energy system on the market to date**
- All LumiCeuticals Systems come with additional Educational opportunities to further support your use of your harmonic light system. For Further Information Contact:
marta@shinewithlight.com

2. Function and Features and operation of your Harmonic Light System

- Easy to read and use lighted control panel.
- Comes standard with either a three or six port computerized controller and three to six sturdy, flexible and comfortable pads of at least 500 diodes of red, blue and infrared light.
- Superior technology and design for unsurpassed reliability and longevity.
- Each system contains 7 Nogier frequencies and three highly accurate sweeping series that contain the Nogier, Solfeggio and Golden Harmony frequencies for a profound full body light experience.
- Automatically shuts off with either an internal or LED display timer.
- Three year Warranty
- The Pro6 system includes a programmable USB Flash Drive exclusively programmed for downloading up to 88 frequency sweeps and 9999 individual frequencies for unlimited choices and use.

Chapter 2: Operation

(1). How to set up your LumiVibe Flex3 Light System

1. Plug the Electrical wall plug into the wall and transformer box plug into the back side of the control box. Check to be sure that the plugs are all seated carefully into the receptacles.
2. Always have the control box off to install the pads. The three light pads plug easily into the back side of the control box. Notice the indentation on the silver part of the pad plug. That is there to show you that it goes into the control receptacles at the top of the arc. Gently plug in and remove the pads using the black plastic plug. Do not pull on the cords of the pads. (see *Caring for your Light Unit*) The Light pads may be placed in any one of the control receptacles and they may be moved from one to another.
3. To turn on the pads, press the on/off switch in the back of the controller. All three pads should light up. Every other row of the medium and large pads will illuminate with infrared light which is beyond human perception. You can look at those pads through a camera lens to see that light energy. Because they are wired together, when a pad's red or blue row is illuminated, the infrared row will be as well.
4. With the pad lights still on, press the small black button on the face of the control box and note that the lights advance thru the frequencies on the control box. When you are ready to use the pads on your body, you will choose the setting from those listed: 1 – 7 and sweeps A, B, and C.
5. The control box is designed to turn off the lights after a 20 minute session. The control box will stay lit after the pads go off. Use the on/off switch on the back side of the box to turn off power to the box and to reset the box for the next use. The lights and the button to

advance the frequencies will not operate until the unit is turned off and then back on between sessions.

6. The Personal System's automatic timer always offers a 20 minute session. You do not need to always do a 20 minute session on settings 1-7. To do shorter sessions or to use multiple single settings, use your own timer and advance the settings when ready. A 3-5 minute session on 1-7 can be highly effective. Any time you stay on a setting for 20 minutes, the personal controller will automatically turn off and have to be reset with the on/off switch.

2. How to set up Your LumiVibe Grow6 System:

1. Plug the Electrical wall plug into the wall and transformer box plug into the back side of the control box. Check to be sure that the plugs are all seated carefully into the receptacles. Then press the on/off switch to see that the control box lights up and makes a beep sound.
2. On the face of your control box you will see three rows of information illuminated:
 1. Top row: Frequency,
 2. Middle Row: Mode
 3. Lower row: Time.
 4. At the end of the row marked "mode" note the "start" button that begins your sessions: a triangle and two bars. Test your unit by lightly touching the 'start' button and note that the timer will begin to count down. Tap the 'start' button again and note that the timer stops. You are ready to proceed.
3. Light Pads: Turn the control box off at the on/off switch on the rear panel to install the four pads. The light pads plug easily into the back side of the control box. Notice that the indentation on the silver part of the pad plug, is there to show you that it goes into the control receptacles at the top of the arc. Gently plug in and remove the pads using the black plastic plug. Do not pull on the cords of the pads. (see *Caring for your Light Unit*) The pads can use any controller receptacle interchangeably. There is no set receptacle for each pad.
4. To test the pads, again press the on/off switch. The control box will light up. Now press the "start" button at the end of the Mode row. All four should light up and the time should start counting down.
5. Your controller comes with the Nogier single Frequencies 1 – 7 and three frequency sweeps, A, b, and C. Note that the b setting is lower case to distinguish it from the number 8. You can select any one of those in the MODE row and press the "start" symbol at the end of the MODE row to begin. The control box will stay lit after the pads go off. Use the on/off switch on the back side of the box to turn off power to the control box once you have finished using your unit. (see *Caring for your Light Unit*)
6. The control box is designed to turn off the light pads when the timer reaches 00:00. When the mode is on settings 1-7, you can set the timer from 1 minute to 30 minutes or any length in between with the arrows in row three. Always set your frequency choice first and then set the timer before pressing the start button. When your controller is set to Modes of A,b (note the lower case B here) and C, these modes sweep from frequency to frequency for a pre-

programmed 20-21 minute duration. The timer cannot be altered manually when you are on A,B or C.

7. See Pad placement and Frequency choices under Tips and Suggestions, Chapter 3
8. Remember that you can contact your sales representative to upgrade your Grow6 to the Pro6 features of programmable frequencies at any time. This gives you access to another 88 sweeps and 9999 individual frequency selections.

3. How to set up Your LumiVibe Pro6 or Pro10 System:

1. Plug the Electrical wall plug into the wall and transformer box plug into the back side of the control box. Check to be sure that the plugs are all seated carefully into the receptacles. Then press the on/off switch to see that the control box lights up and makes a beep sound.
2. On the face of your control box you will see three rows of information illuminated:
 5. Top row: Frequency,
 6. Middle Row: Mode
 7. Lower row: Time.
 8. At the end of the row marked “mode” note the “start” button that begins your sessions: a triangle and two bars. Test your unit by lightly touching the ‘start’ button and note that the timer will begin to count down. Tap the ‘start’ button again and note that the timer stops. You are ready to proceed.
3. Light Pads: Turn the control box off at the on/off switch on the rear panel to install the four pads. The light pads plug easily into the back side of the control box. Notice that the indentation on the silver part of the pad plug, is there to show you that it goes into the control receptacles at the top of the arc. Gently plug in and remove the pads using the black plastic plug. Do not pull on the cords of the pads. (see *Caring for your Light Unit*) The pads can use any controller receptacle interchangeably. There is no set receptacle for each pad.
4. To test the pads, again press the on/off switch. The control box will light up. Now press the “start” button at the end of the Mode row. All four should light up and the time should start counting down.
5. The control box is designed to turn off the lights when the time reaches 00:00. You can set the timer for single frequencies from 1 minute to 30 minutes or any length in between with the arrows in row three. Always set your frequency choice first and then set the timer before pressing the start button. Sweeps of frequencies such as A, b, and C and settings 11-99 sweep from frequency to frequency for a set duration that can only be altered through the programming software. The control box will stay lit after the pads go off. Use the on/off switch on the back side of the box to turn off power to the control box once you have finished using your unit. (see *Caring for your Light Unit*)
6. Selecting factory-set frequencies. Your controller comes with the Nogier single Frequencies 1 – 7 and three frequency sweeps, A, b, and C. Note that the b setting is lower case to distinguish it from the number 8. You can select any one of those in the MODE row and press the “start”

symbol at the end of the MODE row to begin. Settings 1-7 and ABC cannot be changed with the programming software.

7. Using Custom Settings 11-99

Your Pro6 or Pro10 system may already have a sample series of 88 settings programmed in modes 11-99 based on popular frequency sets provided in The Electroherbalism Frequency Lists compiled by Brian McInturff (www.electroherbalism.com). This sample series is listed on the chart Custom Sweep Possibilities. You will know your system is already programmed with some custom settings because each setting from 11 to 99 will have frequencies already showing. If any of the 11-99 show 0's in the top row or on the timer, you can download up to 88 frequency sweeps and individual frequencies into your control box using the USB Flash drive and USB cord included in your LXP unit. Instructions for this step are under "Programing Your Controller."

Important note for using settings 11-99 accurately:

*When you switch off the power to the controller, the settings will default to the last setting shown before shut down. If you are running settings 11 through 99, and want to repeat the same setting after turning back on the power, you need to advance the middle row up or down by at least one number before returning to repeat the setting.

Example: If you run setting 16 and turn the power completely off at the back of the unit after the session, when you return to use the system and switch back on the power, you will be on setting 16. If you wish to run this setting, you need to advance the middle row arrows up to 17 and then back to 16 before running the session again. If you have kept the controller's power on between sessions or choose to run a different setting, there is no need to advance and return the middle row arrows to run the setting.

8. Setting individual frequencies into the top row: To set individual frequencies from 10 – 9999hz on the top row of your controller, you MUST place the MODE row on 1 – 7. Ideally choose a number in MODE where the frequency is closest to the frequency that you want to set. For example, to set your FREQUENCY row on 432, place the MODE row on setting 3 which is 297. Now you can use the up arrow in the top row to move the frequency number to 432, by holding the arrow button down gently, pulsing every 5 seconds to avoid rapidly passing the 432 number that is your goal.

*A short cut for setting an individual FREQUENCY in the top row, place the MODE in 1 then hold down both of the up and down arrows until a single number in the frequency starts flashing. Set the number that is flashing; then return to holding down the two arrows until the next number starts flashing. Set that number and return to holding down both arrows until the complete frequency number that you desire is set. Again, individual frequency numbers can be set from 10 to 9999. Once your frequency number is in place, set the timer for the desired length of the session then press the start button in the MODE row to begin your session. See Pad placement and Frequency choices under Tips and Suggestions, Chapter 3

(2) Operation of Your Light Unit

Once you have set up your unit and explored the functions and features you are ready to enjoy your first light energy experience.

Set the desired frequency: We suggest that you check out the list of factory-installed frequencies in the attached lists:

- Nogier frequencies Setting A,
- Solfeggio Frequencies, setting b, and
- Golden Harmony also known as Pythagorean 3:2 Ratio Frequencies, Setting C.
- Individual settings 1 – 7 are the individual Nogier frequencies.

We recommend that your first session be Setting C as a great way to support calming, tuning and release of stress in the body, mind and spirit. The C setting can be done any time of day. For pad placement start with placing the eye mask over closed eyes, shine the large pad into the kidneys and adrenals across the mid back and shine the medium square pad into the center of the belly or naval. The lights will have greater effect when placed right on bare skin. Thin white or light colored fabric will work as well. You can continue to use the b or C setting every day for giving the mind, body and spirit and environment that supports balance and stress relief.

Once you are comfortable. Press the appropriate start button on your system (see setting up your system), close your eyes and enjoy. Your pads will automatically shut off when the timed session ends.

See tips and suggestions for more ideas about selecting frequencies and pad placement. Contact our education consultants at marta@shinewithlight.com for advanced use.

(3) Cautions and Care for your Light System:

A. Cautions

LumiCeuticals makes no claims, representations or warranties regarding the ability of its products to cure, mitigate, prevent, repair or heal any disease. Any information given in this guide should not be considered as a treatment, mitigation, fix, cure or repair for any disease, not is it to be used as a replacement for qualified medical advice. A qualified medical professional should be consulted with regard to any condition requiring medical attention.

Warning: Use your system carefully. May cause burns. The unattended use of light energy equipment by children or incapacitated persons may be dangerous. As with any esthetic treatment, precautions warrant consideration and may indicate possible contraindications such as pregnancy, thyroid conditions, asthma, epilepsy, migraines, Accutane, Steriods (topical or systemic), NSAIDS, antibiotics and other light-sensitive medications.

B. Care For Your System:

Your system is designed to be a long lasting wellness tool. Remember that your system contains important computer technology that needs proper care.

- Store the pads **flat** when not in use and when transporting your system.
- While pads are flexible to wrap around body parts, do not fold or crease pads.
- Do not wrap the cords around the pads or excessively bend or twist cords.
- If the cords become entwined, unplug the pads by gently removing the cord at the protected connection to the controller. Do not pull directly or excessively pull on the cords, themselves.
- Do not operate the system under water or expose to moisture for long periods of time.
- Do not expose to your pads to heavy oils without a protective covering.
- Do not expose your system to extreme heat or extreme cold.
- Do not stand or walk on the system or apply excessive pressure to the light pads or control unit.
- Use care when attaching and detaching the Velcro straps from the pad fabric.

Proper cleaning of the light pads:

Use a gentle cleanser that does not contain alcohol or bleach.

Do not spray the pads or controller directly. Spray a micro-fiber cloth with a gentle cleansing solution and gently wipe pad. Never scrub pad or controller when cleaning. We recommend using a slightly damp colloidal silver microfiber cloth, Colloidal silver sprays or Natural Disinfecting Wipes like *Shaklee* Get Clean or *Seventh Generation* Wipes. You can protect your pads from open wounds, odors and contamination by using plastic sleeves.

Electrical Considerations:

Only use the power supply provided by the manufacturer specifically for your controller.

To maintain optimal electrical supply to your system, we recommend that you use a surge protection power strip for your light system controller.

Turn your system off when not in use.

Turn the power off to your system before removing cords.

Use only with a building code approved grounded outlet. When in doubt test your outlets.

Do not use pins or metallic materials to hold light pads in place.

(4) Warranty and repair:

Your product is warranted to be free from defects in materials and workmanship for a period of three (3) years from date of purchase. The obligation of LumiCeuticals is to repair or replace any parts deemed defective during the warranty period. This warranty does not extend to any liability for medical expenses or for any other direct, indirect, or consequential damages caused by failure, defect or malfunction of any LumiCeuticals equipment. After the warranty period, LumiCeuticals is still committed to your unit's satisfactory performance and offers cost effective repair options.

Your light diodes are medical grade LED, and have a long rated life span. With proper care they should continue to last for many years to come. Remember that every pad except that your eye mask, contains rows of near infrared light that are beyond our visible range and will look like they are not lighting up. Looking through a camera lens you will see that they are in fact working. The diodes are all wired together so that as long as the red and blue are lighting appropriately, so are the infrared.

Flashing: Any frequency setting below 60 hertz will have a visible flashing. Above 60 hertz everything appears to be solid light, but is, in fact, still flashing.

If any of your lights stop working, or you have a cord issue or problem with your controller, we suggest that you notify our warranty/service department right away so that they can instruct you how to resolve your issue. Continuing to use your light system when everything is not working correctly may cause further damage to other parts of the system.

Contact information: Here is who to contact about any warranty or repair issue with your product:

Jim Begalle

Phone: 970-739-7356

Email: jim@lifebylight-llc.com

****Before you send your system in for repair, please contact Jim first to fill out a service request report.**

Address For UPS and Fed Ex:

**Jim Begalle
65488 Hwy 491
Dove Creek, CO 81324**

US Postal Service Address:

**Jim Begalle
P.O. Box 783
Dove Creek, CO 81324**

Chapter 3: Tips and Suggestions

- Pad Placement: You may place the pads anywhere on the body, noting that **only the eye mask pad is typically placed directly over closed eyes**. The eye mask pad, however, may be placed on other parts of the body. Any pad may be used on the face and head. Seek medical advice before placing any pad besides the eye mask over the eyes.
- Pads work best if used on bare skin. Thin white or light colored clothing is okay. To protect you pads, use plastic wrap over the pad if there is infection, oozing, bleeding wounds or any dirt or contamination. The light and frequency will go thru the clear wrap.
- If the eye mask is uncomfortable on the brow bones, place clean white cotton cosmetic discs or a tissue between the pad and the area of discomfort.
- Do not use heavy oils or liquids where you place the pads. The pads will be damaged if they absorb too much moisture or oil. Protect your pads from smoke, heavy perfumes or toxins. See “Caring for your Light set”
- As an alternative to putting the lights over closed eyes, start with the pad higher upon the forehead, or use the pad on the palm of the hands or behind the knees. The lights should always be an enjoyable relaxing experience.
- Children love and thrive with the lights. We recommend supervised use and to limit a light session to 1 -2 minutes per year of age. Be sure that children are well hydrated. Place the pads where they are comfortable at first, gradually exploring other areas that need attention.
- Pets also love the lights. Use for less time than humans. More often is better than too long in duration. Cover the pads and place them along the spine or over an injured area, gradually lengthening the time. Allow the pet the freedom to move away from the lights at will.
- In general the higher the frequency number the more sedative the effect of the frequency. The lower numbers are more energizing, stimulating. Setting A is a more energizing environment. Settings b and C offer an environment that supports the mind, body and spirit’s ability to de-stress, relax and come back into natural harmony.
- Remember that the lights themselves are always offering the well-researched benefits to the body in terms of enhanced cellular energy, oxygenation, regeneration, and detoxification. The frequency setting offers an enhanced environment of vibratory pattern to assist the body’s ability to return to a balanced vitality. See the attached for more specifics on the harmonic frequency environment offered at each setting.
- Remember that when using settings 11-99, if you turn off the power to the unit and want to run the same setting immediately after powering on the system back on, you need to advance the arrows in the middle row up at least one setting and then back down to the setting you wish you run.
- LumiCeuticals offers free use of their Guided Meditations to enhance your light session experience. You can access these under audios/videos on our website.