

# Welcome to Our Light Energy Owner Community

Congratulations! We are excited to have you as new Light Energy owner. We are excited for you to experience the benefit of daily sessions of Light Energy. We are committed to sharing light and to providing education and support so that you feel empowered to get the most out of your equipment. **We invite you to do the following steps:**

## 1. Get acquainted with your system through the operation guide.

### Helpful basics:

- The pads can plug into any ports
- The eye mask is designed to go over closed eyes. It can be used elsewhere on the body.
- Store the pads flat and clean with care – non-alcohol, non-bleach wipe or microbial cloth.
- Place a protective plastic sleeve over the pad if using heavy creams or oils.
- Stay well hydrated for optimal results.
- Children need less light – 1 minute per year of age below age 15 is a good place to start.
- If you have a medical condition it is always recommended to consult with your health care provider prior to using your light system.

## 2. Use your system daily! Here is a great way to get started:

- Afternoon or evening: Use a 20 minute relaxation sweep on setting B or C. Eye mask on eyes or forehead, local pad on belly or chest, big pad across the mid back or up and down the spine.
- Set up a personal light coaching with Marta or Shirley. Email [sjoffs@comcast.net](mailto:sjoffs@comcast.net) or [marta@shinewithlight.com](mailto:marta@shinewithlight.com) and provide two or three windows of time where you would be available for a consultation. Then at the agreed upon time, you will connect and together you will design your very own light recipe for your health and regeneration.
- Feel free to download to your computer or phone the free audio download at [www.shinewithlight.com](http://www.shinewithlight.com) in the audio/video section. If you do not work with computers, contact us to ask for a CD of this audio and other relaxing music.

## 3. Get Connected With Your Shine With Light Community:

- Visit, explore and share freely our webpage: [www.shinewithlight.com](http://www.shinewithlight.com)
- Get support and information for owners only at our Members Only Section of [shinewithlight.com](http://shinewithlight.com). This is our owner's only library for training and educational Support. Scroll to the bottom of any page on [www.shinewithlight.com](http://www.shinewithlight.com) and click on members to log in. Here is the username and password:  
**Login: owner      Password: lightmeup16**

- **Connect With Shine With Light on Facebook: We have two pages:**

Ask to join our private owner group:

<http://www.facebook.com/shinewithlightowners> This is a great owner forum for questions, resources and a great place to share your experiences with the lights and to ask questions.

For research references and a business page to like, follow and share:

<http://www.facebook.com/shinewithlight> We post research on light regularly here.

- **Our Monday Intention Conference Call is an invitation to get into the right mind-set every week to reach your health and financial goals. Lead by Shirley Joffs. 8:30 am- 9am mst. Call 712-432-1500 The code is 512901#**
- **Tuesday Evening – Shine & Share Talks - Listen to guests talk about successful ways that they are using the lights. 6:00-6:45pm mst. Call 712-432-1500 The code is 512901#**
- **Our Thursday Shine With Light Team Conference Call: Every Thursday at 8:30am MDT Call 712-432-1500 The code is 512901#**  
These calls are recorded This call is recorded and you can access this by calling [712 432-1202](tel:7124321202) Code 512901#

## **5. Get Connected With The Ability to Share and Refer These Systems**

- Share with us your success stories and feel free to ask questions. We invite you to let your friends and family experience a C setting session as their first introduction to the lights and then feel free to ask us about how to help others with sessions, rentals and ownership. We would love to mentor you to help spread light throughout the world.
- Being a system owner is the first step for a powerful financial opportunity to the direct sales rights to share these systems with others and help them get their own systems. Promotion and Sales Commissions begin at 9%. To earn these commissions on a sale, you will need to fill out a w-9 form with us. You can find these in the member section of [shinewithlight.com](http://shinewithlight.com)

**Stay hydrated, stay consistent with your daily use of the lights and enjoy the journey of coming home to a healthy, vibrant, you.**

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