



LIGHT UP YOUR LIFE!

***Join Us for A FREE Light Energy
Session & an Educational Workshop***

THE POWER OF LIGHT ENERGY

Day, Month Date

***Free Class: Time
Q&A & Free Sessions from Time***

Learn How Light Energy Supports:

A Balanced Body, Mind & Spirit

Resting, Digesting & Healing

Reduced Stress, Pain & Inflammation

***Increased Immunity & Cell Rejuvenation from
Skin to Bone All Year Long.***

Increased Cellular Metabolism & Detoxification

Higher Vibrational Living

***Wellness Empowered as a Perfect Clinic or
Home Wellness Tool for the Whole Family***

Host

Address

City, State, Zip

The Workshop is Free.

***Free 20 minute light sessions are limited. Please
contact us to reserve your spot. Phone***

Your name, Email and contact info

Questions? Marta 303-818-6453 shinewithlight.com

Nourish, Shift & Tune Up

Shine with Vibratory Light Energy

Light is the ultimate biological nutrient

Light Energy charges the battery of every cell and helping them to **balance, function and regenerate** optimally.

Light can travel anywhere in the body. Different wavelengths reach different depths. Our systems feature **healthy wavelengths** of light energy in ranges that studies have shown help build cellular health in the body:

Blue: **Calms** and **Cleans** the Skin and Surface Layers, Enhances **Collagen** Production, **Liver** Function & **Mood**

Red: Brings **Energy**, Enhanced **Circulation**, & **Detoxification** to Soft Tissue, Muscles, Skin, Organs, Glands, Gums

Near Infrared: Brings **Energy** & Enhanced **Circulation, Regeneration & Detoxification** to Hard Tissue: Bones, Tendons, Ligaments, Joints, and Teeth.

These wavelengths also help the body make more **Nitric Oxide**, the signaling molecule that **increases circulation, opens up vascular flow, increases lymphatic flow, speeds wound and injury recovery and helps people connect body, mind and spirit**. Most of us are not making enough Nitric Oxide and research finds low levels are implicated in heart disease, Alzheimers & diabetes.

Vibratory Light is a powerful way to shift, connect & tune up

Shift: Our body is designed to balance and heal when we are in a relaxed state. Because of the stressors of our modern world, **how often are you truly relaxed?** Vibratory LED light is a powerful way to help the mind and body shift into relaxation to support multi-dimensional healing.

Tune: Light is the way our cells and DNA communicate. Medical research has found that the body can tune back into health just like the fine instrument that it is designed to be. LED light is an ideal way to deliver these tuning vibrational frequencies quickly, safely, easily to raise your vibration to better health in mind, body and spirit.

Connect: The combination of nourishing light and healthy frequencies provide an ideal environment for letting go of limiting beliefs and opening up to a deeper sense of connection to love and acceptance.

LEARN MORE AT WWW.SHINEWITHLIGHT.COM WATCH OUR FREE WEBINAR!

Contact: **Marta 303-818-6453 or Shirley 303-818-9263 marta@shinewithlight.com**