



## LumiPure Chakra Wand Set

**Product Use Guide** 

Disclaimer: LumiCeuticals makes no claims regarding the ability of this or any LumiCeuticals product to cure, mitigate, fix, prevent, repair or heal any disease. Information herein should not be used in lieu of the advice of a medical professional. This guide is for educational purposes only. By reading it, you agree to all terms and conditions. Thank you for choosing LumiCeuticals Light Equipment. We are confident that the LumiPure Chakra Wand Set with 8 interchangeable, pure color light heads will prove to be one of your favorite tools for creating energetic integration, balance and optimal wellness for the body, mind and spirit.

Please read this guide thoroughly prior to operations to maximize the life and efficiency of the product and to achieve better results. This guide is meant to provide necessary information for: operations, warnings, maintenance, precautionary practices and warranty regarding this equipment.

# LumiPure Chakra Wand Set Check List:

Contains one of each part listed

- One light wand base with lithium ion battery and off/on button.
- One USB battery charging cord this is the only charging cord that should be used with your system.
- One wall plug for USB charging cord. – this is the only wall plug that should be used with your system.
- Magnetic Closure Carrying Box

8 Detachable LumiPure Color Light Heads all delivering one diamond invisium targeted diode of pulsed light at 432 Hz

- Red 660nm Root Chakra
- Orange: 620nm Sacral Chakra
- Yellow: 580nm Solar Plexus
- Green: 525nm Heart Chakra
- Turquoise: 490nm High Heart Chakra
- Sky Blue: 460nm Throat Chakra
- Indigo: 432nm Brow or Third Eye
- Violet: 405nm Crown Chakra

# Set up and Operation of the LumiPure Chakra Wand Set

The pure light heads have a magnetic attraction to the base.

- To remove head: gently pull head up and off.
- To attach head: attach head to top of wand.
- To turn on the wand: press the circular silicon button on the wand base.
  Button and wand head will illuminate.
- To turn off the wand: press the circular illuminated silicon button on the wand.

The wand will remain illuminated for 10 minutes and then will shut off automatically to preserve battery life. Simply press the on/off button again to restart the wand if your session is not complete.

Turn off wand before removing the head. If you forget, the wand will automatically turn off after two minutes with head removed.

A fully charged wand should last for 60 to 120 minutes before needing a recharge.

## **Charging the Chakra Wand**

The wand contains a rechargeable lithium ion battery that is safe for airline travel.

To charge the wand, connect the wand via the Lumi provided charging cord directly to the Lumi USB charging adapter. <u>Do not use any</u> <u>other cord or adapter to charge your wand.</u>

A charged indicator light located in the on/off button will blink as the wand is being charged. When the indicator light stays constantly on, you know that the wand is fully charged. To maximize battery life, do not continue to charge past full.

To remove charging cord, press down with one hand on back of wand while gently pulling out the charging cord plug.

The wand may be used while charging if necessary.

# Caring for your Chakra Wand System:

#### Do:

Store your wand and light heads in their box case and in a cool, dry location.

Clean gently with a soft, slightly damp cloth.

Use only the power supply provided specifically for this product. Using any other power source will damage the wand and void the product warranty,

Gently but firmly remove each wand adapter when you are ready to switch to another color. Simply lift head for easy removal,

Turn the unit off during exchange of LumiPure light heads.

#### Do Not:

Operate under water, nor submerge any part of the wand in water,

Expose to excess moisture for any length of time,

Expose to excessive heat and/or sub-freezing temperatures,

Drop wand or wand adapter heads onto hard surfaces,

Expose to saliva or other body fluids,

Force or hit the wand adapter head when removing it from the wand.

Exchange the adapter heads with the power on.

## Safe Use Guidelines:

Do not stare at or shine the Chakra Wand directly into the open eye.

It is recommended to keep eyes closed or use eye protection when using the wand near the eye.

Do not use with ice or cryotherapy.

Use only with building code approved electrical outlets.

Apply the Chakra Lights with gentle pressure; pressing harder does not render the wand more effective.

Use discretion when using essential oils or creams as skin may become sensitive.

Do not use in water, on a wet surface, or when skin is wet.

Cease use if an area of the skin becomes sensitive.

Do not allow unsupervised use with children.

Avoid prolonged use of blue, indigo or violet lights at bedtime.

## Warranty Information:

LumiCeuticals warrants each piece of this Chakra Wand equipment to be free of defects or a period of three years. The warranty does not extend to any liability for medical expenses or for any direct or indirect damages caused by failure, defect or malfunction of any LumiCeuticals equipment.

### Warranty and Repair:

Report all equipment performance issues to LumiCeuticals by filling out the service request at https://shinewithlight.com/warranty/

You will be contacted within 24 hours with instructions for repair or replacement. Contact Shirley Joffs at 303 818 9263 with questions.

### **Terminology:**

**Prana:** Sanskrit word that refers to the subtle energy flowing through us, also known as vital force, chi, life force.

**Nadis:** The subtle channels through which prana flows. Like riverbeds or highways they intersect throughout the body, also known as meridians.

**Chakras:** An essential part of the energy body in each of us. Literally translated the Sanskrit word Chakra means "wheel." They are focal points of radiant power and subtle energy within the body like major intersections where many nadis meet. There are seven major chakras that correspond with major intersections of nerve pathways and represent different essential elements, colors, emotions, body systems and qualities of consciousness.

**Root Chakra**: The base of spine down the legs to the feet. Color: Red , Element: Earth

Sacral Chakra: The hips and pelvic region. Color: Orange, Element: Water

**Solar Plexus Chakra**: From the naval to the lower ribs. Color: Yellow, Element: Fire

Heart Chakra: The heart, lungs, arms and hands. Color: Green, Element: Wind

**High Heart Chakra**: The thymus and upper chest. A minor Chakra. Color: Turquoise

**Throat Chakra**: The neck, mouth and ears. Color: Blue, Element: Ether

Third Eye Chakra: The eyes, forehead and inner brain. Color: Indigo, Element: Light

**Crown Chakra**: The top of the head and area above the head. Color: Violet, Element: Pure Consciousness

**Nanometer nm:** The length of a wavelength from top of one wave to the top of another. Determines the color we perceive

**Hertz Hz**: How many times a wavelength pulses within one minute, quantifies harmonic resonance pulsation.

**Clearing:** Releasing energetic blocks in the subtle body

**Balancing**: Helping areas of excess and limited energy flow to even out.

**Photobiomodulation:** Applying light directly into the body to produce a biological effect.

# Possible Ways to Use Your LumiPure Chakra Wand:

The body receives light through the eye, the skin, through the direct energy field that surrounds the physical body and the quantum field that connects everything. The LumiPure Chakra Wand may be used in all of these ways although it is not recommended to look directly at the light source.

When the chakras are clear and flowing optimally we feel more comfortable in our physical body, healthier in our relationships and have a greater sense of balance and inner peace.

When our chakras are blocked or congested, we feel less comfortable in our physical body, more dysfunctional in our relationships and have a greater sense of struggle and inner discord. The chakras can be worked in sequence either from bottom to top or top to bottom, or they can be worked individually. The colored light does not need to be limited in use only to the corresponding chakra area.

The Chakra Wand is designed to gently 'clear' congested or blocked energy or "activate" or open up the positive flow of energy.

Your Chakra wand is portable, easy to use personally or on clients or patients in a practice. It is also effective to enhance other energy work such as massage, foot zoning, mental and emotional counseling, reiki, cranial sacral and more, especially to clear out negative energy or bring positive energy to the Chakras or other areas of congestion or weakness.

The Chakra Wand may be applied with gentle pressure directly on the skin, onto light colored or white clothing or used with a circular movement in the body's energy field or aura. This powerful light and frequency may also be used as a tool in quantum remote sessions

In addition to clearing and balancing the subtle body, the LumiPure Wand may be used for targeted areas of pain, skin damage, collagen renewal or creating a healthy environment in which the body can relax and do its own healing.

Each color of light from the wand will pulse at 432 Hz which is known as a universal frequency to support wellbeing, balance and health on every level. There are many guides for Chakra work. We invite you to choose the method and approach that feels most comfortable to you.

- A left circular motion can intend release of congested subtle energy
- A right circular motion can intend a welcoming in of greater flow and subtle energy.
- A figure 8 with the wand can be a way to connect and balance subtle body energy.
- Some people can feel the wand gently pull subtle energy through the body and like a magnet.
- The wand can be held or moved directly on the skin to impact a meridian or nadi pathway or specific tissue type.

LumiCeuticals provides a guided meditation audio to accompany your Chakra Wand Session. You can find this at

https://shinewithlight.com/videoaudio/

There are many books that can be helpful guides as well. We offer a small companion guide, "Balancing Your Chakras" by Jayna Turner, as a short guidebook option you might find useful as well.

Other Recommended Resources:

Chakra Meditation, By Swami Saradananda

Chakra Balancing, By Anodea Judith

Luminous Life, By Jacob Liberman

Our Shine With Light Playlist on YouTube offers sample videos and tutorials:

<u>Click Here For Playlist Link or Contact Us:</u> marta@shinewithlight.com

# Sample Plan for a Chakra Balancing Session

- Start with an intention to have the person receiving the session easily and release any energy that is blocking flow and offer that energy to love and light so that it is fully cleared from the room and space.
- Select the LumiPure color head you would like to start with. Many people like to start at the root. They offer circular motion 6-8" above the body and follow the intent to release energy no longer serving that center and then open up to that which does.
- Continue up or down the chakra centers and feel free to use the wands directly on hands and feet following meridian, foot zone or reflexology maps.
- The Wand will turn off automatically after 10 minutes of being constantly on.

To re-start the wand, push the on/off button.

- 5. When you are ready to change heads, turn the power off with the on/off button. Gently lift off the color head from the wand controller. Replace with the desired colored head and proceed with your session by pushing the on/off button.
- 6. Follow your intuition and have fun.



# LumiPure Chakra Wand Set

For more information: Contact: Quantum Light Energy Coaches Marta DeBerard: <u>Marta@shinewithlight.com</u> Shirley Joffs: <u>shirleyjoffs@gmail.com</u> Visit: www.shinewithlight.com