

Quick Resource Guide for LumiCeuticals Owners

Website Resources:

www.shinewithlight.com

Check here for: Product information, Research, Audios, Videos, Upcoming Events, **Warranty/Service** Requests, and adding Newsletter Registrants. This is an excellent place to send friends and relatives who are interested in learning more about Harmonic Light Energy. We always ask who sent them to the site.

For Electronic Files of all information found in this manual: Log In to the www.shinewithlight.com back office for Owners only:

ID: owner

Password: shining2018

Info found in the Owner back office: Welcome letter, Latest frequency lists, Instructions for programming the LumiVibe Pro6 controller Documents for training and sharing lights: Rental forms, rental agreements, price list order forms, basic handouts, commission plan, recorded calls list, coaching manual documents, and much more

Facebook Resources:

Two locations on facebook:

Shine with Light: Business page where we post many current studies about light energy and events to share like webinars and conferences. Excellent place to find and share articles with your friends and followers. www.facebook.com/shinewithlight

Shine Owners: This site is by invitation only. Please send your request to be invited to marta@shinewithlight.com and she will see that you get into this private group if you are an owner. <https://www.facebook.com/groups/196323827403365/>

Here you will find: Files containing all of the documents for using and sharing LumiCeuticals: Waivers, w9 forms, Ambassador Agreements, Testimonials and questions and answers, announcements of coming events and requests for information, commission plan and full downloads for the coaching manual. We get to be candid on this site and you will learn a great deal from your fellow teammates.

YouTube Video Playlist Shine With Light & Frequency

Great for learning and sharing. Playlist is open but unlisted. Videos can be shared.
<https://www.youtube.com/playlist?list=PLB1bKbDT46obOJiX7s-WryGEBOfsaQ8Yq>

Training & Support Calls and Webinars:

Mondays: 8:30-9:00 a.m MST. Intention and Inspiration call for owners and friends. This encouraging call is for any one who is interested in having their week be full of Light! Led by Shirley Joffs . To join or listen in: **Dial: 515 604 9713, Code 737049#** **Recorded calls: 515 604 9655, Code 737049#** then enter call # from recorded call list or wait for the most current call.

Monday Evening: Remote Light session at 9:00 p.m. Team effort to shine quantum light out to the world. Watch for announcements on the private facebook group 'Shine Owners'

Wednesday Night: Remote Light Sessions 10:00pm - another opportunity to send out the light remotely. Watch for announcements on Facebook

Tuesday Evenings at 7:00 – 7:45 p.m. MST: Owner Education. Excellent time to explore new aspects of light for Owners and Ambassadors. We often have guest speakers. **The Tuesday Evening Call is on our Zoom line for video and screen sharing. You can access through your phone or computer. The Zoom link is always: <https://zoom.us/j/3038186453>**

Thurs. morning: 8:00 – 9:00 AM MST: Lumi Empowered Training to share your lights with abundance. Coaching manual referenced. Q & A **515-604-9713, Code 737049#**. Recorded calls: **515-604-9655, Code 737049#**

Owner calls are an opportunity to hear the latest news about products and opportunities and to keep you "in the Light" and getting the most from your Light unit. Make it a habit to listen!

Other Resources:

Instagram: @shinewithlumi Follow us for photo and video sharing.

Dropbox: A free app. Here you will be able to download all of our meditation recordings Meditation recordings are also available to listen to at: www.shinewithlight/audios/videos

More original meditative, high frequency music for purchase: Steve@twinflamesproduction.com

Electroherbalism.com for [The Electroherbalism Frequency Lists](#), order or download to learn more about the source of many of our custom frequency sweeps or to make your own custom sweep.

Uline.com: plastic sanitary bags for your light pads

Rolling carts: RASKOG from IKEA.com <https://www.ikea.com/us/en/catalog/products/20271892/>

Toxin free wooden sticks to use for our alignment protocol: by Perfect Stix Perfect Stix Wooden Craft Stick/Plain Taster Ice Cream Paddle Spoon, Paper Wrapped, 3" Length (Pack of 100)

Product issues and warranty:

Be sure to alert us right away if you experience any performance issues with your products. Go to www.shinewithlight.com, click on 'contact us' and then on 'warranty'

Fill out the warranty report, hit the submit button, make a copy of the filled-out form, wait to be contacted, follow directions which will probably include sending the product that is not working to the following address: **LumiCeuticals Fulfillment and Warranty Dept:** 1729 Terry Street, Longmont, Colorado, 80501

Taking Care of Your Systems

- Only use the power supply that comes with your unit. Power supplies are not interchangeable between systems.
- Pads can be used energetically over clothing but the transdermal effect is best on clean, dry skin.
- Use a kleenex or tissue over the eye mask as needed to keep off makeup, oils, germs and dirt.
- Use the Uline bags over pads on the body when concerned about dirt, germs or oils.
- Gently wipe with a damp cloth to clean. We like colloidal silver lightly sprayed on a damp cloth. Norwex is a good brand for a cloth. Shining the blue light on the other pads is another nice way to clean them.
- Do not clean or use with abrasives, alcohol, bleach or heavy oil please.
- Please don't wrap your cords around the pads.
- Lay the pads flat when not in use.

Stay Hydrated For Optimal Results

- We recommend that you drink water before and after your session when possible.
- Staying well hydrated and well nourished with good minerals like magnesium and potassium help your body use the power of the lights even more effectively.
- Coconut water, a splash of organic juice or a freshly squeezed lemon in water, as well as a healthy electrolyte drink are all great options.

Your Shine With Light Team

Presents

Light Coaching Manual



Harmonic Light Systems

Inspiration to Welcome You....

“Fasten your seat belt. You are about to embark upon a journey -- one that may amaze you, teach, you, stimulate your mind, and captivate you. You are going on a journey of healing with humanity's oldest friend in the universe: light.”

“This science bridges the gap between scientific knowledge, intuitive knowing, health and personal evolution, thus acting as a new paradigm in healing.”

“It ushers in a new era in medicine. Light, a nonintrusive, very powerful tool, resides at the core of the new medicine: “energy medicine.”

“Light is the basic component from which all life originates, develops, heals, and evolves.”

“There is no such thing as treating the body as a separate collection of “parts,” to be fixed when broken. Human beings are the embodiment of light; our troubles and ills result from our inability to take in and use light as a launching pad from which to heal and evolve.”

“What is important is not just that we use our knowledge and tools to be better “fixers”; rather, it is imperative that we “evolve” ourselves integrating everything that allows us to become whole, more rationale and aware of our global community. Our task is to take in and utilize light so that we may merge with our true selves and our destiny, thus facilitating the healing of our planet. As each of us becomes whole, we radiate light – light from within—unimpeded by our self-imposed emotional and physical blocks. The medicine of the future is light. We are healing ourselves with that which is our essence.”

- Dr. Jacob Liberman, OD, Ph.D, author of Light, Medicine of the Future

“If you want to find the secrets of the universe, think in terms of energy, frequency and vibration.” - Nikola Tesla

“The body is held together by sound. The presence of disease indicates that some sounds have gone out of tune.” – Dr. Deepak Chopra

“Sickness results when cells, molecules or particles of matter are out of their normal resonance or vibratory pattern. By repeatedly exposing damaged tissue to the normal resonance frequencies associated with that tissue, healing often occurs, sometimes quite rapidly.”

Dr. Paul Nogier, MD

“Healing and continued wellness is ultimately all about harmonic resonant frequencies.”

- Dr. Linus Pauling

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- 5. Presentations - Add those you like here.**

1. Welcome Light System Owner

Thank you for your purchase of a LumiCeuticals light system. We are grateful to have you in our Light Owner Community and we hope this coaching manual will optimize your use of your LumiCeuticals Light System.

A. Mission:

It is the Mission of LumiCeuticals to light the way to a world where everyone shines to their greatest potential in mind, body and spirit.

The Purpose of this coaching notebook is to help all owners of the LumiCeuticals products to use their Lights confidently and effectively, whether they are:

1. seeking to support their personal health and that of their family members, or
2. building a Light Energy practice and reaching out to clients and patients, or
3. building a Light Energy business to bring abundance and greater purpose to their lives, or
4. all of the above!

We believe that we, as humans, are designed to be light beings with the gift to heal and thrive without pain and imbalance. We are designed to interact with harmonic light and to use light and frequency to maintain equilibrium and optimal health. It is our intent to empower you to shine with light, creating an environment for optimal physical, mental, emotional and spiritual health.

When you shine, others will be attracted to you. Keeping you informed about harmonic light, the innovative products and support available from LumiCeuticals, and knowing the pathway to sharing this information with others, is another part of our purpose and vision.

So, we are thankful that you have chosen to join us and become enlightened as to the profound effect of harmonic light. There are 3 sections to this manual.

- Section 1 contains simple overviews of the resources available to you as a LumiCeuticals owner and the mission of LumiCeuticals.
- Section 2 will provide detailed guides and possible ways to use your lights in support of your body's natural healing potential.
- Section 3 is full of resources to support sharing the lights with others effectively and powerfully.

Placing this manual in a 3 ring binder with three main sections and is a great start. We encourage you to add more tabs for the sub-sections that you will want to access often. Please note that most of these pages can also be found on the Facebook owner's group page, Shine Owners, and in the member login

section of our website, shinewithlight.com This guide is organic and will have updates and revisions. We invite you to stay in touch and keep the manual current when we provide updated files in our quest to keep improving and growing.

B. Indications for Use, Disclaimer & Rights

Indication for use: In accordance with their FDA clearance, the red and near infrared pads of the LumiVibe Go2, LumiVibe Flex3, LumiVibe Grow6, LumiVibe Pro6 and LumiVibe Pro10 are intended for the relaxation of muscles and relief of muscle spasms; temporary relief of minor muscle and joint aches, pains and stiffness; temporary relief of minor pain and stiffness associated with arthritis; and to temporarily increase local blood flow. The Facial Rejuvenator is intended for the treatment of fine lines and wrinkles.

LumiCeuticals makes no claims, representations or warranties regarding the ability of its products to cure, mitigate, prevent, repair or heal any disease. Any information given in these training materials or in this workshop should not be considered as a treatment, mitigation, fix, cure or repair for any disease, nor is it to be used as a replacement for qualified medical advice. A qualified medical professional should be consulted with regard to any condition requiring medical attention. This guide and this workshop is for educational purposes only. By opening the pages of this training guide and attending this workshop or using the information within, you agree to these terms and conditions.

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C. Your Operation Guides - We Recommend You Place your Lumi Operation Guides Here

LumiCeuticals typically sends with your system or rental a printed copy of the LumiCeutical Product or Operation Guide for your system. Any guides or manuals that can be 3 hole punched, we invite you to place those here or in a pocket in your binder. We are happy to send you a new printed copy of any operation guides if you are unable to located them. Simply email us: marta@shinewithlight.com

Welcome to Our Light Energy Owner Community

Congratulations! We are excited to have you as new LumiCeuticals owner. We are committed to providing education and support so that you feel empowered to get the most out of your equipment and to share it with others with confidence.

Please do the following 5 steps:

- 1. Get acquainted with your system and if you haven't already, please watch the short introduction videos here**

[Click here to watch our short introduction videos](#)

- 2. Use your system daily! Here is a great way to get started:**

- ☐ Use a 20 minute relaxation sweep on your favorite setting. People love the whole body relaxation of the following settings: C, B, 11-19, 97-99. Pad placement ideas: Eye mask on eyes or forehead, local pad on belly or chest, big pad across the mid back or up and down the spine.
- ☐ Set up a personal light coaching with the person who shared the lights with you or feel free to receive education and marketing support from Marta or Shirley. Email shirleyjoffs@gmail.com or marta@shinewithlight.com and provide two or three windows of time where you would be available for a 30 minute to 1 hour light coaching.
- ☐ **Listen to free guided meditation recording at <http://www.shinewithlight.com/videoaudio> . Email us to receive this file via DropBox for your MP3 player or phone use. If you do not work with computers, contact us to ask for a CD of this audio and other relaxing audio suggestions.**

- 3. Get Connected With Your Shine With Light Community:**

- ☐ **Visit, explore and share freely our webpage: www.shinewithlight.com**
- **Get support and information for owners only at our Members Only Section of shinewithlight.com.** This is our owner's only library for training and educational Support. Scroll to the bottom of any page on www.shinewithlight.com and click on members to log in. Here is the username and password:

Login: owner Password: shining2018

- ☐ **Connect With Shine With Light on Facebook: We have two pages:**

Ask to join our private owner group:

<http://www.facebook.com/shinewithlightowners> This is a great owner forum for questions, resources and a great place to share your experiences with the lights and to ask questions.

For research references and a business page to like, follow and share:

<http://www.facebook.com/shinewithlight> We post research on light regularly here.

- ☐ **Our Monday Intention Conference Call is an invitation to get into the right mind-set every week to reach your health and financial goals. Lead by Shirley Joffs. 8:30 am- 9am mst. Call 515-604-9713 the code is 737049#**
- ☐ **Tuesday Evening 7:00-8:00pm Owner Education Calls: Variety of Topics with Guest Speakers. Learn successful ways to use your lights. Zoom Conference <https://zoom.us/j/3038186453>**
- ☐ **Thursday Morning 8:00-8:45am- MST Lumi Empowered Dreamers Team Training: Coaching for how to share our light systems for abundance. Call 515-604-9713 The code is 737049# These calls are recorded and you can access this by calling [515-604-9655](tel:515-604-9655) Code 737049#**

5. Get Connected With The Ability to Share and Refer These Systems

- Happy owners make up our direct sales ambassador team. We would love to have you share your lights with others for an amazing win/win. We invite you to let your friends and family experience a C setting session as their first introduction to the lights along with our guided audio. They can use the waiver feedback to let you know their ongoing interests in sessions, an in-home trial and ownership. We would love to mentor you further to help spread light throughout the world.
- Being a system owner is the first step for a powerful financial opportunity to the direct sales rights to share these systems with others and help them get their own systems. Promotion and Sales Commissions begin at 9%. To earn these commissions on a sale, you will need to fill out an Ambassador's Agreement form and a W9 form with LumiCeuticals.

Stay hydrated, stay consistent with your daily use of the lights and enjoy the journey of coming home to a healthier, more vibrant and more radiant you.

Shine with light,

Marta & Shirley

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