

## LIGHT ENERGY CUSTOM SWEEP POSSIBILITIES

Compiled From the Electroherbalism Frequency Handbook and True Ott PhD

### Whole Body Support

11 General Power Sweep	432	787	880	1550	2720	5000	9999							
12 Grounding Balance - Ott	180	360	432	540	720	900	1080							
13 Abundance	343	2794	4644	4790	4903	4916	4952							
14 Transformation	2664	3330	3996	2475	855	1584	1746							
15 Chakra Balancing	228	606	728	512	768	288	432							
16 Instant Vacation	120	432	5000	9999										
17 Master Healing Support	4170													
___ Chakra Wand Sweep	194	210	126	136	141	221	172							
___ DNA Repair Support	432	731	732	432										
___ Energize	1056	2008	9999	424	15									
___ Schumann Wave	10	14	20	26	33	39	45							
___ Ultimate Health 432	432	27	54	108	216	432	1080	27	144	432				
___ See Sweeps #94, 98, 99														

### Mood and Sleep Support

18 Peace & Calming	1009	4601												
19 Insomnia Support	48	802	880	1550	6000	8778	9999							
20 Depression /Anxiety Support	9999	5000	3176	800	787	73								
___ Emotion Sweep	4992	7240	3727	4582	4743	4875	4929							
___ Joy & Happiness	432	4604	4655	4634	4589									
___ Sleep Apnea	15	10	20	35	40	80	125	150	160	240	320	635	763	2720
___ See Sweep #97														

### Immune & Cleanse Support

21 A+ Immune Support	337													
22 Allergies	146	290	337	555	690	727	787							
23 AutoImmune Support	328	880	728	5000	2720	2180	120							
24 Colds/Flu Support	800	880	8700	7760	4888	5000	9999							
25 Chem Detox	664	7344	2842	1142	686	1113	780							
26 Detox	5000	3176	2489	1552	7344	2842	664							
27 Energy Cleansing	7240	7301	run with pads face up in room											
28 Epstein Barr Support	105	172	253	274	660	667	669	738	825					
29 Fungus/Mold	4442	2411	1833	1823	1333	1155	1130							

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30 Lymph	432	880	727	3176	478	337							
31 Heavy Metal	48	75	317	1902	4202	5333	9887						
32 Herpes/Shingles Support	1488	2950	141	165	337	450	629						
33 Immune Support General	66	133	199	266	337	399	465	532	598	665			
34 Immune Support Breast	3672	3072	2950	2128	2008	337							
35 Immune Support Lymph	1552	552	5318	8610	8020	5278	2127						
36 Immune Supp. Prostate	854	1840	2145	2288									
37 Immune Support Blood	2127	2008	880	787	727	666	2217						
38 Inflammation/Infection	337	786	802	880	1550	2720	9999						
39 Lyme Support	2016	625	615	920	1520	2050	337						
40 Otitis- ear support	337	736	743	779	880	1550							
41 Papillomavirus Support	9609	9258	5657	1051	1002	874	907						
42 Pneumonia Support	7660	7344	6007	5423	1550	987	5554						
43 Sinus Support	999	7344	5000	2950	2600	1550	880						
44 Strep Support	880	2000	1266	885	1136	879	776						
45 Staph Support	9646	7270	8697	7160	2600	2431	1902						
___ Bells Palsey Support	20	58	222	464	625	880	1250						
___ Chron.Fatigue Support	9999	337	2127	787	465	660	880	1550					
___ Hepatitis C Support	5000	3220	3176	2489	2189	1865	1600						
___ Immune Stimulation	9999	5611	5000	4014	3176	2929	2720						
___ Macrophage - Immune	337	77	337										
___ Bronchitis Support	20	72	333	523	768	786	510	943	660	690	683	1234	3672
___ Chemical Sensitivity	440	443											
___ EMF Clean	4999	657											
___ Sore Throat	2720	2489	1800	1600	1550	802	787						
___ Viral Infection Support	9999	7344	5000	2950	2650	1234	866						
___ See Sweep #94 and #95													
<b><u>Digestive Tract Support</u></b>													
46 Acidosis/Alkalize	20	142	727	787	802	880	9999						
47 Candida	464	3176	2644	1403	1151	943	886						
48 Colitis/IBS Support	1550	880	832	802	727	432	20						
49 Digestion	20	727	787	802	880	1550	5000						
50 Gall Bladder Support	432	481	732	801	865	928	1551						

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51 Parasite Support	20	440	776	787	880	1550	2720			
52 Polyp Support	542	1436								
53 Ulcer Support	676	2167	2779	880						
54 Urinary Tract	432	1600	1865	1550	880	802	650			
___ Flukes	143	275	676	763	854	6641	6672			
___ Hernia Support - Masters	787	727	2720	5008						
___ Hiatal Hernia	110	660	690	787						
___ Hookworm	432	688	2008	3032	4412	5868	6463			
___ Larynx Support - Masters	327	524	731	1133						
___ Tapeworm	164	187	453	542	843	1360	3032			
___ Constipation	20	422	660	690	776	787	802	1550	832	880
___ Irritable Bowel	6766	5429	4334	2018	1550	880	727			
___ See Sweep #94 and 95										
<b><u>Heart&amp; Lung Support</u></b>										
55 Circulation	787	880	1500	2112	2170	2589	2720			
56 Lungs	11	27	307	318	1311	1466	3672			
57 Artery Support	9999	2700	2170	1800	1600	1500	880			
___ Raynauds Support	20	660	690							
___ See Sweep #94										
<b><u>Gland &amp; Hormone Support</u></b>										
58 Adrenal/Stress Support	20	95	2250	6000	8778	9999				
59 Breast Fibroids Support	465	690	727	787	802	880	150	2128		
60 Endocrine Support	73	417	635	763	1342					
61 Endometriosis/Uterine	246	800	1550	2008	2128	2150	6766			
62 Hypothyroid Support	12	20	35	73	80	160	9999			
63 PMS/Menopause	465	727	787	802	880	1550	9999			
64 Prostate Support	2050	2128	2250	465	666	787				
___ Pineal Opening	20	537	662	480						
___ Adrenal Balance	20	537	1335	2250						
___ Hot Flashes	537	660	690	787	880					
___ Hypothalamus	13	15	45	537	1534	1413	1351			
___ See Sweep #96										

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### Diabetic Support

65 Blood Sugar	5000	727	787	880	2127								
66 Pancreas	432	464	600	624	648	1552	880						
67 Neuropathy Support	9999	3176	2720	2489	2170	2112	1800						

### Skin Support

68 Acne	2720	2170	1800	1600	1552	1550	564						
69 Excema Support	727	787	802	1550	2008	2180	2720						
70 Gums Support	47	1800	1600	650	625	600	880						
71 Hives	1800	880	787	727	522	146							
72 Warts	2720	2489	2170	2127	915	727	660						
73 Rosacea Support	2167	728	880	2950									
74 Psoriasis Support	2720	2489	2180	2008	880	802	787						
75 Skin Support	2116	2128	2280	2876	760								
76 Skin Immune Support	9999	2217	2128	2127	2050	2008	1050						
77 Wounds/injuries	147	190	220	727	787	880	2720						
___ Healthy Skin	10	787	2720	2116	2280								
___ Insect Bites	660	690	880										
___ Scarring	465	600	625	650	690	685	700	760	787	802	1550	823	880
___ Vitiligo Support	432	600	650	2112	880	787	440						

### Head & Brain Support

78 ADD/ Autism Support	1489	962	880	787	763	727	337	432					
79 Headache Support	9999	3000	880	787	727	650							
80 MS Support - Masters	3057	802	880	690	660								
81 Tinnitus Support	20	728	784	880	2720	5000	9999						
82 Parkinson Support	33	470	6000										
83 Cognition Support	430	620	840	5148	2213	3773	3767						
___ MS Support 2	5000	4992	3767	3056	2720	1550							
___ Vertigo	20	100	660	690	787	880							
___ ADD Support	621	762	769	770	1550	802	832	432					

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### **Eye Support**

83 Continued

___ Vision - Sharpen	266	350	360	1830										
___ Macular Support	1	2	10	21	32	410								
___ Eye Lens Support	1830	1600	9999	1335	1654	2187	2195							
___ Eye Nerve Support	1600	1830	880	787	727									
___ Eye Health Support	1830	1600	880	787	727	360	160	20						

### **Joint, Bone & Muscle**

84 Arthritis Support	9999	4698	2720	1550	962	880	787							
85 Pain Support	3000	2720	95	1550	802	880	787							
86 Rheumatism Support	766	250	625	650	727	787								
87 Knee/Hip Support	20	727	787	802	880	1550	2720	3000						
88 Bone Trauma	380	787	802	880	1550	2720	9999							
89 Sciatica Support	10	660	690	787	802	1550	880							
___ Gout Support	20	727	787	880	3000	9999								
___ Fracture Support - Masters	465	690	727	220	230	880	787	727	999					
___ Disc Support	15	324	660	690	787	2720								
___ Sprain	10	20	35	40	80	125	320	2720						
___ Elbow Pain	250	26	160	2720	3000									
___ Carpal Tunnel	144	1865	522	685	700	760	776	787	760	832	1000	1500	2008	
___ See Sweep #94 and 95														

### **Body Sculpting**

90 Weight Release 1 Support	260	265	270	320	525	530	2013	9999						
___ Belly Fat Release	320	52	320	98	230	320								
___ Cellulite Release	295	120	424	465	660	787	1550	2127	9999					
___ Fat Burning	295	5219	5797	5859	6140	8875	9999							
___ Weight Release 2	260	265	270	525	530	2013								

### **Liver & Kidney**

91 Liver	1550	1351	922	880	802	291	2056							
___ Cirrhosis/Liver Support	291	381	514	677	2271									
___ Kidney Stones Support	787	444	1865	660	880	1552	3000	6000						

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<b><u>Ott Settings</u></b>														
92 Ott Trace Minerals	288	172	78	88	95	108	296	189	82	144	291	118	179	97
93 Ott Macro Minerals	16	36	48	54	64	76	81	162						
94 Ott Cleanse, Energy, Rejuvenat	72	633	780	45	180	753	5184							
95 Ott Immune, Inflammation Su	337	77	534	468	715	513	194	218	682					
96 Ott Hormone Balance	1264	430	228											
97 Ott Relaxation/Clear Thinking	432	228	1500	262	5164	27								
98 Ott B Alternative	27	63	174	284	396	417	432	639	741	963				
99 Lumi C	256	324	432	486	729	768	1152							
___ Anahata Solfeggio	174	741	396	417	285	639	963	528	852					
___ Ott C Original Alternative	63	147	284	396	417	432	587	639	2349					
___ Ott Harmonic Balance	162	324	432	486	729	768	1152							
___ Ott Ozone	72	144	288	216	432	864	72							
___ Ott Solfeggio	36	128	192	288	432	648	486	729						

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